



Hospitals and Healthcare Toolkit

California's Clean Air Day goal is to spread the message throughout California about air pollution and how it directly impacts all Californians' health. Everyone is directly affected by air pollution. Only with your help, can we get the message out about how important clean air is to all of our neighborhoods.

Hospitals, medical offices, and healthcare providers are in a unique position to directly communicate how air pollution affects individual health to those most impacted. Healthcare professionals are advocates of public health issues facing their local communities and can make real change through their leadership and local authority.

Here are ways a hospital, medical office, and healthcare provider can participate in Clean Air Day:

Physical Space

1. Replace all heating and air conditioning HEPA filters on a regular basis with an antimicrobial agent.
2. Replace lights, with energy efficient lights.
3. Purchase environmentally friendly products that do not contribute to indoor pollution i.e. mercury free, latex free, clean cleaning supplies
4. Install solar panels, if applicable.
5. Reduce the number of deliveries and have them arrive at non-peak times.
6. Have the maintenance crew replace gas powered lawn equipment with electric.
7. Ensure contractors reduce the impact of building work through limiting use of diesel generators, and suppressing dust
8. Ensure the operation of boilers, electrical generators and sterilizers are energy efficient.
9. Plant [indoor plants](#) to help indoor air quality.

10. Monitor and share local air quality. Contact the [Coalition for Clean Air](#) about an affordable air monitor that can be linked to employees' phones.
11. Stop vehicles from idling near entrances and around the parking lots. Establish "no idling zones."
12. Install extra ventilation in areas for those working with chemical cleaning solutions.
13. Change cleaning schedule to off peak times with lowest foot traffic.

Employee Engagement

1. Ditch the Drive Thru - Make your coffee in the office or only do one in store coffee run for the whole office.
2. Encourage employees to pack a lunch for work, or walk to local restaurants for lunch
3. Develop and issue a "no idling" policy.
4. Check your text before you drive. Make sure to check all directions/maps, social media, respond to emails and texts before starting your car.
5. Encourage Carpooling: If you don't already carpool research carpooling/rideshare options: <https://rideshare.org/>

Business Practices

1. Contact local and state officials about the air quality in your community
2. Sponsor an air monitor in impacted/disadvantaged communities in your community www.ccair.org
3. Issue a press release about steps your facility is taking to be clean air certified, along with permanent policy changes
4. Promote Clean Air Day on social media
5. Work with vendors about becoming clean air certified
6. Work with gift shops to not sell helium balloons