



## **Hospitals and Healthcare Toolkit**

California's Clean Air Day goal is to spread the message throughout California about air pollution and how it directly impacts all Californians' health. Everyone is directly affected by air pollution. Only with your help, can we get the message out about how important clean air is to all of our neighborhoods.

Hospitals, medical offices, and healthcare providers are in a unique position to directly communicate how air pollution affects individual health to those most impacted. Healthcare professionals are advocates of public health issues facing their local communities and can make real change through their leadership and local authority.

### **Here are ways a hospital, medical office, and healthcare provider can participate in Clean Air Day:**

#### *Physical Space*

1. Replace all heating and air conditioning HEPA filters on a regular basis with an antimicrobial agent
2. Update lights with more energy efficient replacements
3. Purchase environmentally friendly products that do not contribute to indoor pollution (e.g mercury free, latex free, clean cleaning supplies)
4. Install solar panels, if applicable
5. Reduce the number of deliveries and have them arrive at non-peak times
6. Have the maintenance crew replace gas powered lawn equipment with electric
7. Ensure contractors reduce the impact of building by limiting the use of diesel generators and suppressing dust
8. Ensure all boilers, electrical generators, and sterilizers are energy efficient
9. Plant [indoor plants](#) to help indoor air quality
10. Monitor and share local air quality. Contact the [Coalition for Clean Air](#) about an affordable air monitor that can be linked to employee phones
11. Stop vehicles from idling near entrances and around parking lots by

- establishing no idling zones
- 12. Install extra ventilation in areas where people work with chemical cleaning solutions
- 13. Change cleaning schedules to off peak times during low foot traffic

### *Employee Engagement*

1. Encourage employees to take the [Clean Air Day pledge](#)
2. Ditch the Drive Thru - make your coffee in the office or do one coffee run for the whole office
3. Encourage employees to pack a lunch or walk to local restaurants
4. Develop and issue a no idling policy
5. Encourage employees to check all directions/maps, social media, respond to emails and texts before starting their cars
6. Encourage carpooling - <https://rideshare.org/>

### **Business Practices**

1. Contact local and state officials about the air quality in your community
2. invest in zero-emission patient shuttles
3. Sponsor an air monitor in impacted/disadvantaged communities in your area  
[www.ccair.org](http://www.ccair.org)
4. Issue a press release about steps your facility is taking to be clean air certified, along with permanent policy changes, using our [media advisory template](#) or your own resources
5. Promote Clean Air Day on social media with our [social media toolkit](#) or your own resources
6. Work with vendors to become clean air certified
7. Work with gift shops to not sell helium balloons